

MIAS Leaders & Instructors should Promote

- **Legal and Responsible Mountain Biking.**
- **Care of the environment.**
- **Respect for other trail users.**

And be responsible for

- **The Welfare of the group.**
- **Meeting the needs of the group.**
- **Continuous dynamic assessment of the group.**
- **Making it an enjoyable experience for all.**
- **Setting challenges for individuals within their ability.**

Level 1 Candidates

The Level 1 qualification is aimed at those who wish to lead groups of beginners in non-technical terrain (forest tracks, canal towpaths etc.)

Basic Skills – allowing access into low-level terrain, with little potential hazards. i.e. country parks, canal towpaths, Bridleways and Cycle Paths in non-wilderness areas where help is almost immediately accessible. Have a current First Aid Certificate or be working towards obtaining one.

Level 2 Candidates

The Level 2 qualification is aimed at those who wish to lead groups of beginners in non-technical terrain and intermediate riders in technical (rocky /demanding terrain). For low level rides on Bridleways below 600m in wilderness areas.

Intermediate Skills – allowing access into Wild Country, with the potential hazards that surround such terrain. Candidate must be in possession of a BELA Award, WGL or equivalent or Accredited APL, and good map reading skills. Have a current First Aid Certificate (or working towards one)